

Hosting you on your visit to Spain will be Carlos and Julie:

Carlos Dinarés is from Barcelona. Before coming to the U.S., Carlos competed for Spain in three World Championships, managed the Catalan Rowing Federation for eight years, and organized the 2004 World Rowing Championships. He began coaching in Spain and currently is in his fourth year coaching at the University of Washington and second year at the Pocock Rowing Center in Seattle. Carlos holds a degree in sport science from the University of Barcelona and an M.B.A. from the Polytechnic University of Catalonia.

Julie Dykema is a native Chicagoan. She won a U.S. National Title in the 8+ while training at Penn A.C. in 1997, and a Spanish National Title in the 4x in 2002. Julie now rows with her husband, Carlos, in Seattle, where they live. Julie holds a degree in English literature from Northwestern University and is currently working on her doctorate in bilingualism at the University of Washington. She speaks four languages and has taught English in Spain, France, and the U.S.

Look for Carlos and Julie in the mixed double at the Head of the Charles!



Contact Us Today!



Rowsmarter is based in Seattle, USA

ROWSMARTER

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There are a limited number of spaces available. Sign Up Today!

30% deposit to reserve your spot.

The Residence in Spain:

Centro Especializado de Alto Rendimiento de Remo y Piragüismo, also known as *La Cartuja* in Sevilla (Andalucía)

Address:

Glorieta de Beatriz Manchón, s/n. Isla de La Cartuja, 41071, Sevilla

The center/residence where you will be staying was the site of the World Rowing Championships in 2002 and is only 20 meters from the boathouse! The residence provides good facilities and room cleaning services on a regular basis throughout the week.



Andalucía



In one week, visit the best of Andalucía— Seville, Córdoba, Granada and Cádiz— while rowing every morning on the Guadalquivir River with top of the line equipment and coaching.

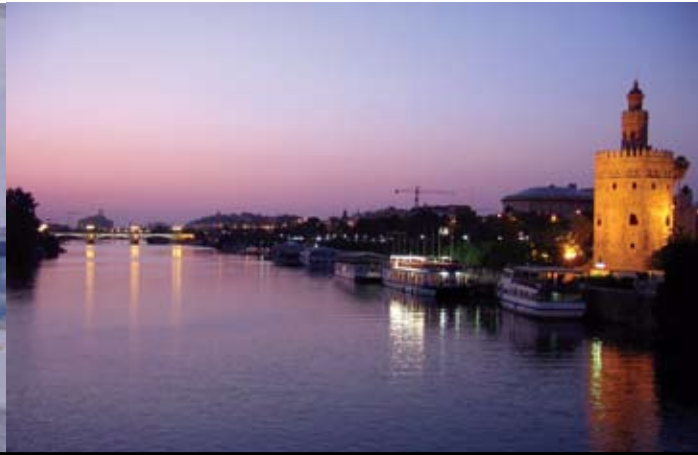


Non-rowing partners receive a discounted rate.



*Row and visit
Andalucia, Spain for
a week with us in
March 2009!*

Seville is the artistic, cultural, and financial capital of southern Spain dating back over 2,000 years. It is located on the Guadalquivir River and is the fourth largest city in Spain. Seville is a city well worth visiting to experience authentic Spanish culture.



Itinerary

Saturday	Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7	Sunday 8
Departure from the USA	Arrival in Seville	Rowing	Rowing	Rowing	Rowing	Rowing	Rowing	Return to the USA
		Guided visit in Seville	Departure to Cádiz	Explore more of Seville	Departure to Córdoba	Guided visit in Seville	Departure to Granada	
		Open time in Seville	Guided visit in Cádiz	Guided visit in Seville	Visit the Mezquita	Open time in Seville	Visit the Alhambra	
		Rowing Clinic		Rowing Clinic		Experience Seville night life	Dinner and Flamenco	

Dates for this trip will be Sunday March 1st to March 8th 2009

Please contact us with requests for future trip dates!

The price ^{US} \$1690 per rower includes:
(^{US} \$1590 per non-rowers)

- ★ All the meals from dinner on Sunday March 1st to breakfast on March 8th. (Meals are mostly at the Residence. When we go on excursions we will take a provided lunch bag. On Saturday we have a night on the town including a farewell dinner and Flamenco entertainment!)
- ★ Two people per room. Individual rooms are available for a \$250 surcharge for the week.
- ★ Rowing with top of the line equipment and coaching every morning. Included are rowing clinics Monday and Wednesday evenings.

★ Transportation to Cádiz, Córdoba and Granada. Entries to the tourist sites are included as well. Transportation to and from the Seville airport is not included. Visits to Seville are all walking distance. *Airfare not included.*

Note: Non-rowers receive a discount of \$100.

That means if you and your non-rowing partner come with us to Spain, it's only (\$1690 + \$1590) = \$3280.

What a deal!

- ★ US citizens don't need any travel documents other than a passport to visit Spain!
- ★ Receive updates and travel tips to prepare you for the trip once you have signed up.

